

Emily Braucher, MA, MA

Keynote Speaker

Leadership + Culture Coach

Trainer

Podcast Co-host



Working Better Together: Collaborating with Compassion in Complex Times

As we move through another demanding year of service, the work before us is deeply human. The complexity and emotional weight of this moment call for new ways of collaborating that help us stay grounded, connected, and compassionate while continuing to serve families with care and professionalism. This interactive session focuses on how we work together when systems are under strain and pressures are high. Emily Braucher of ReFresh Communication will guide participants through practical tools that strengthen trust and collaboration during times of uncertainty and change. Rather than asking people to “push through,” this session invites staff to slow down, recognize how stress affects the brain, and build habits that support compassion and connection. Participants will leave with practical strategies they can use right away to support resilient, effective teamwork so no one carries the work alone.

By the end of this 75 min keynote program, participants will be able to:

- Recognize how complexity impacts the brain, communication, and collaboration
- Practice simple, evidence-based techniques that help teams pause, stay connected, and respond to one another with greater compassion and clarity

“That was monumental!” -LAUNCH Together, CO

“This was more than we ever could have hoped for!” -PEAK Parent Center

